

**VERIZON
UP TO SPEED LIVE
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>> DIANA ALVEAR: Hi, everybody thank you for starting your week off with us I'm Diana Alvear welcome to Up to Speed Live.

First we want to start by acknowledging the devastating tornadoes in Iowa this is an absolutely tragic situation the pictures coming out of there and we are thinking of all of you we wanted you to know that we also want you to remember that we do have our V2V fund now the V2V employee relief fund is Verizon's internal public charity this is funded by donations from you our Verizon employees and each of these help -- this helps employees displaced in their homes as a result of a personal disaster such fires, or hurricanes or Iowa tornadoes or as a result of domestic violence more than 4400 V Teamers have been helped by you so please consider giving today for the details on how to do that you can click the link in today's story.

Also we do want to remind you we have expanded international calling texting and in-country data relief to include Ukraine, Hungary, Moldova, Poland, Romania and Slovakia we are waiving international charges for landline customers for those areas, as well and you don't have to do anything to take advantage of these offers for details on that you can also click that link in today's story so let's turn to the big news from last week.

It was huge.

Our Investor Day has the media buzzing.

We made news, ya'll, so we're just going to recap the announcements first we're going to be reaching 175 million people with our 5G Ultra Wideband by the end of this year. We also announced +play which is a unique platform exclusive to Verizon customers that will allow customers to purchase discover and manage their personal streaming services across entertainment, audio, gaming, fitness, lifestyle and more and it's all in one place.

And the first of many partners in +play were also announced including Netflix Peloton Disney+ Hulu ESPN+ so many more partners what else could you want we also unveiled first of its kind partnership with Meta we're going to understand how the metaverse will begin part of our everyday lives and partnering with an enterprise 5G company to offer a cost competitive private networking solution that will help small and mid sized businesses overcome their most pressing security and business challenges so yeah a lot of news right there if you want to watch a replay of the event you can check that out in today's story so last week, congratulations to Baltimore, you are our newest 5G Home Internet city.

Yay.

That's giving residents new options for Home Internet using our millimeter-wave technology so always good news there.

We now cover 30 million households and 900 cities with our Fixed Wireless Access offerings.

So very exciting there.

Tomorrow also a big day you don't want to miss our International Women's Day event with Women's CoLab and Bustle and that happens at 12 Noon Eastern Raquel and I are hosting a great webcast that will be filled with practical advice like stuff you can use, panels, conversations from Verizon women leaders and others.

Including women executives from Chipotle, Walmart and Kimberly-Clark.

This week our retail colleagues are participating in activities that promote positive mental health.

We could all use that, right?

We'll check this out, part of their activities include building mindfulness toolkits that will benefit our global nonprofit partner Find Your Anchor and these kits will be distributed to students to help them experience the benefits of mindfulness.

Really proud of you guys.

The messages on those bags are adorable.

So are you a Blinding Lights and I Can't Feel My Face, that kind of fan?

We'll guess what Weekend fans.

Today is the day.

VerizonUp members have exclusive access to the presale of the Weekend's After Hours Til Dawn tour this presale lasts just through Wednesday March 9th don't miss it get all of the details in today's story that will be an awesome concert finally we ran through a lot of stuff pretty quickly our Up to Speed member Adi Wineland had an awesome conversation with Bob the Drag Queen about the new partnership with Samsung and they talked about LGBT+ self-activism and more take a look at this.

>> ADI WINELAND: Hey V Team it's Adi today we're joined by an extremely special guest the one and only Queen Extraordinaire Bob the Drag Queen, Bob how is it going.

>> BOB THE DRAG QUEEN: I'm great wow the Queen extraordinaire I love that maybe I'll add that to my website I really appreciate that.

>> ADI WINELAND: How excited are you about the launch of the Samsung S22.

>> BOB THE DRAG QUEEN: It's really great so anyone who knows me knows I have been an avid Verizon and Samsung user for a really long time now.

So it felt like a real partnership it felt pretty natural this phone really it is an amazing phone it has a new night mode camera which is great I'm a creature of the night I wake up at the crack of noon by the time I wake up the sun is already on its way down so the night mode camera is really great especially for me I'm a comedian I'm a drag queen and a late nighter so that's a really great feature for me personally.

>> ADI WINELAND: So I mean we all saw your season of Paul's Drag Race Season 8.

Congrats six years later.

What are the things -- you talked a lot -- one of the things you talked a lot about on the show was your passion for standing up for LGBTQ+ rights and marriage equality and here at Verizon we celebrate everyone, all different backgrounds, sexual identities. And so I know a lot of V Teamers would love to hear about your involvement with Drag Queen Weddings for Equality and kind of your experience working with that group and all you have done to advocate for the community.

>> BOB THE DRAG QUEEN: There were like five drag queens who wanted to go to Times Square and yell about our lack of rights.

And we did it for a little over a year we did it until marriage equality in New York which felt really great to have and then of course it was Federally recognized.

And you know, I ended up -- I started doing that just because I found out some things that felt like injustice to me at that time that felt like the most effective way for me to enact change.

As you get older and as things change and your status changes if there's a way to enact change some people it will be protesting some people it's legislature for other people it's influencing.

There's lots of people.

Everyone has like a different, you know, position in the battle for equal rights.

>> ADI WINELAND: Yeah; yeah.

And I know you had kind of talked about how you were in Albany when gay marriage was legalized.

You got arrested in drag.

What was all of that like?

>> BOB THE DRAG QUEEN: So when I got arrested in drag it was really emotional we were at Bryant Park about a block over from Times Square we knew we were going to get arrested the plan was to cause a scene and get arrested to get national coverage for marriage equality and in Albany it was pretty intense too there were so many people there so much passion from both sides actually and listening in and we were tired and we were hungry we were emotional we were crying we were angry you know hopeful.

Upset.

All of that rolled into one.

And plus I was really young.

I think -- I don't even know how old I was, I was in my early 20s.

Which I am not right now.

(Chuckles).

>> BOB THE DRAG QUEEN: I am a little far from that at this point in my life. And you know, it really did feel like it just felt -- it was just a very emotional time in my life.

And ever since then I've just kind of been interested in enacting political change or helping push forward political change.

>> ADI WINELAND: So one quote that has always kind of stood out to me that you said on your season of Drag Race was: Find something you love about yourself and focus on that.

And I think that was just such a powerful kind of empowering message, self-love. Having confidence in yourself.

And I'm wondering if since then did that comment resonate with anyone? Did people reach out to you about how that kind of impacted them?

>> BOB THE DRAG QUEEN: You remember that all the way from when you were 16?

Were you in like home -- like home economics or math class being like that's right, Bob.

>> ADI WINELAND: Well, I'll admit I remember the general paraphrased version. I went and checked the real one a couple of days ago.

>> BOB THE DRAG QUEEN: Well, you know, I actually got that from a friend named -- I don't know where they got it from but I heard it from a friend -- my friend Larry Darnell Penn Whitfield was an active and humorous and singer in New York City and I went to their show I remember them saying find the one thing you love for yourself and for me -- if you have one nice tooth you say to yourself man, this is a really nice tooth.

I love this tooth.

Then maybe you can learn to love the tooth next to it and then the gums and then the lips and then your face and then your head and then your shoulders and then your body.

>> ADI WINELAND: Well thank you so much, Bob, for being here, for spreading your positive energy with the V Team.

Everyone is going to love watching this.

Do you have any last words for the V Team?

>> BOB THE DRAG QUEEN: I'm just very grateful.

Thank you all for your time.

And maybe I'll see you, you know, around.

>> DIANA ALVEAR: That was so fun to listen to.

But also really inspiring.

My thanks to Adi for that.

And I love that.

That he said focus on the thing you love about yourself.

And we should all be doing that.

Because we're always picking ourselves apart and focusing on the wrong things.

But that one thing you love about yourself, please focus on that today.

Okay?

I'm Diana Alvear I hope that you stay safe, that you stay with your loved ones and happy and that you have a great week and I'm going to let Bob do the honors because he's done so well already.

Go ahead, Bob.

>> BOB THE DRAG QUEEN: Until next time you're Up to Speed.

Muah.

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