



# 500 Mbps/500 Mbps *Two-Way Speed Fact Sheet*

**500 Mbps**



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**500 Mbps**

Architectural Blueprint (2 MB)	0.03 seconds	Architectural Blueprint (2 MB)
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10 songs (50 MB)	0.80 seconds	10 songs (50 MB)
Medical Image/MRI (100 MB)	1.60 seconds	Medical Image/MRI (100 MB)
200 photos or 5 min. HD video (250 MB)	4.00 seconds	200 photos or 5 min. HD video (250 MB)
1 hour HD video (3 GB)	49.15 seconds	1 hour HD video (3 GB)
2 hour HD video (5 GB)	1.36 minutes	2 hour HD video (5 GB)
10 GB of files from online backup (10 GB)	2.73 minutes	10 GB of files to online backup (10 GB)
100 GB of files from online backup (100 GB)	27.30 minutes	100 GB of files to online backup (100 GB)





# 300 Mbps/300 Mbps *Two-Way Speed Fact Sheet*

**300 Mbps**



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**300 Mbps**

Architectural Blueprint (2 MB)	0.05 seconds	Architectural Blueprint (2 MB)
PowerPoint Presentation (5 MB)	0.13 seconds	PowerPoint Presentation (5 MB)
10 songs (50 MB)	1.33 seconds	10 songs (50 MB)
Medical Image/MRI (100 MB)	2.66 seconds	Medical Image/MRI (100 MB)
200 photos or 5 min. HD video (250 MB)	6.66 seconds	200 photos or 5 min. HD video (250 MB)
1 hour HD video (3 GB)	1.36 minutes	1 hour HD video (3 GB)
2 hour HD video (5 GB)	2.27 minutes	2 hour HD video (5 GB)
10 GB of files from online backup (10 GB)	4.55 minutes	10 GB of files to online backup (10 GB)
100 GB of files from online backup (100 GB)	45.51 minutes	100 GB of files to online backup (100 GB)





# 150 Mbps/150 Mbps Two-Way Speed Fact Sheet

150 Mbps



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150 Mbps

Architectural Blueprint (2 MB)	0.10 seconds	Architectural Blueprint (2 MB)
PowerPoint Presentation (5 MB)	0.26 seconds	PowerPoint Presentation (5 MB)
10 songs (50 MB)	2.66 seconds	10 songs (50 MB)
Medical Image/MRI (100 MB)	5.33 seconds	Medical Image/MRI (100 MB)
200 photos or 5 min. HD video (250 MB)	13.33 seconds	200 photos or 5 min. HD video (250 MB)
1 hour HD video (3 GB)	2.73 minutes	1 hour HD video (3 GB)
2 hour HD video (5 GB)	4.55 minutes	2 hour HD video (5 GB)
10 GB of files from online backup (10 GB)	9.10 minutes	10 GB of files to online backup (10 GB)
100 GB of files from online backup (100 GB)	1.51 hours	100 GB of files to online backup (100 GB)





# 75 Mbps/75 Mbps Two-Way Speed Fact Sheet

75 Mbps



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75 Mbps

Architectural Blueprint (2 MB)	0.21 seconds	Architectural Blueprint (2 MB)
PowerPoint Presentation (5 MB)	0.53 seconds	PowerPoint Presentation (5 MB)
10 songs (50 MB)	5.33 seconds	10 songs (50 MB)
Medical Image/MRI (100 MB)	10.66 seconds	Medical Image/MRI (100 MB)
200 photos or 5 min. HD video (250 MB)	26.66 seconds	200 photos or 5 min. HD video (250 MB)
1 hour HD video (3 GB)	5.46 minutes	1 hour HD video (3 GB)
2 hour HD video (5 GB)	9.10 minutes	2 hour HD video (5 GB)
10 GB of files from online backup (10 GB)	18.20 minutes	10 GB of files to online backup (10 GB)
100 GB of files from online backup (100 GB)	3.03 hours	100 GB of files to online backup (100 GB)





# 50 Mbps/50 Mbps *Two-Way Speed Fact Sheet*

**50 Mbps**



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**50 Mbps**

Architectural Blueprint (2 MB)	0.32 seconds	Architectural Blueprint (2 MB)
PowerPoint Presentation (5 MB)	0.80 seconds	PowerPoint Presentation (5 MB)
10 songs (50 MB)	8.00 seconds	10 songs (50 MB)
Medical Image/MRI (100 MB)	16.00 seconds	Medical Image/MRI (100 MB)
200 photos or 5 min. HD video (250 MB)	40.00 seconds	200 photos or 5 min. HD video (250 MB)
1 hour HD video (3 GB)	8.19 minutes	1 hour HD video (3 GB)
2 hour HD video (5 GB)	13.65 minutes	2 hour HD video (5 GB)
10 GB of files from online backup (10 GB)	27.30 minutes	10 GB of files to online backup (10 GB)
100 GB of files from online backup (100 GB)	4.55 hours	100 GB of files to online backup (100 GB)



# FiOS 25 Mbps/25 Mbps

## Two-Way Speed Fact Sheet

25 Mbps



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25 Mbps

Architectural Blueprint (2 MB)	0.64 seconds	Architectural Blueprint (2 MB)
PowerPoint Presentation (5 MB)	1.60 seconds	PowerPoint Presentation (5 MB)
10 songs (50 MB)	16.00 seconds	10 songs (50 MB)
Medical Image/MRI (100 MB)	32.00 seconds	Medical Image/MRI (100 MB)
200 photos or 5 min. HD video (250 MB)	1.33 minutes	200 photos or 5 min. HD video (250 MB)
1 hour HD video (3 GB)	16.38 minutes	1 hour HD video (3 GB)
2 hour HD video (5 GB)	27.30 minutes	2 hour HD video (5 GB)
10 GB of files from online backup (10 GB)	54.61 minutes	10 GB of files to online backup (10 GB)
100 GB of files from online backup (100 GB)	9.10 hours	100 GB of files to online backup (100 GB)



# FiOS 15 Mbps/15 Mbps

## Two-Way Speed Fact Sheet

15 Mbps



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15 Mbps

Architectural Blueprint (2 MB)	1.06 seconds	Architectural Blueprint (2 MB)
PowerPoint Presentation (5 MB)	2.66 seconds	PowerPoint Presentation (5 MB)
10 songs (50 MB)	26.66 seconds	10 songs (50 MB)
Medical Image/MRI (100 MB)	53.33 seconds	Medical Image/MRI (100 MB)
200 photos or 5 min. HD video (250 MB)	2.22 minutes	200 photos or 5 min. HD video (250 MB)
1 hour HD video (3 GB)	27.30 minutes	1 hour HD video (3 GB)
2 hour HD video (5 GB)	45.51 minutes	2 hour HD video (5 GB)
10 GB of files from online backup (10 GB)	1.51 hours	10 GB of files to online backup (10 GB)
100 GB of files from online backup (100 GB)	15.17 hours	100 GB of files to online backup (100 GB)

