Digital Reputation Checklist

- **Search yourself online**
  Type your name into multiple search engines. Don’t forget to check images, videos, and other categories.

- **Review your social media posts**
  Remove and untag unwanted posts, photos, and videos.

- **Review who you follow and who follows you**
  Be selective. Unfollow or block people or groups you no longer want to associate with.

- **Check your privacy settings**
  Determine what you want to be public or private, whether that means individual posts or your whole account.

- **Think before you post**
  Is this something you really want others to see or know about you? Remember, one post can impact your job, school, or personal relationships.

- **Accentuate the positive**
  Interact with content that makes you feel good. Consider doing the same for others by posting uplifting stories, comments, and videos.

For more information: fosi.org/parenting